Pregnancy **M**anagement **P**rogram

Do you know where you will get the health care you need while you are pregnant?

The Pregnancy Management Program (PMP), which replaced the Pregnancy Medical Home on July 1, 2021, provides comprehensive maternity services through prenatal care providers who serve women that receive Medicaid throughout their pregnancies. These providers are held to high standards of care to help mothers and babies be as healthy as possible and prevent preterm births.

The benefits of going to a PMP provider are:

- Access to prenatal care.
- A stable relationship with one health care provider for your entire pregnancy.
- A pregnancy care manager to work with you if your pregnancy is high risk.
- 24-hour telephone access to a health care professional for questions or concerns.
- Referrals to other programs such as Medicaid, WIC, family planning and other local resources as needed.

You may be high risk if you:

- Have ever had a premature baby (baby born before 37 weeks).
- Are pregnant with twins, triplets, etc.
- Have diabetes, high blood pressure, HIV, sickle cell, asthma, seizure disorder, mental illness, or other conditions which can affect your pregnancy.
- Are in an unsafe living environment (homeless, unstable housing, family violence, sexual abuse, community violence).
- Use drugs or alcohol while you are pregnant.
- Smoke or use tobacco products while you are pregnant.

How will I know if I am high risk?

When you have your first visit with your PMP provider, he/she will help decide if you have any risk factors. If you have any risk factors, you will be referred to a pregnancy care manager.

What will a pregnancy care manager do for me?

- Help you identify your needs and plan to address them.
- Work closely with you and your doctor to understand your needs.
- Help arrange transportation to medical appointments, if needed.
- Help you manage any medicines that you might have.
- Work hand in hand with you to help you have a healthy baby.

How do I find a PMP Provider?

- If you currently receive Medicaid, you should report to your case worker that you are pregnant.
- If you do not receive Medicaid, you may be eligible while you are pregnant. Contact your local county department of social services for information on applying for Medicaid. Your local health department can also tell you who the PMP providers are in your area.
- You are free to choose any prenatal care provider.

DHB-5076 11/2022