

SECTION 420: INDIVIDUAL AND FAMILY ADJUSTMENT SERVICES

REVISED: 04/01/06

I. DEFINITION

Individual and Family Adjustment Services are designed to offer assistance to individuals and their family members in support of attempts to restructure or solidify the consumer's environment. Activities include counseling to enable the consumer to recognize, understand and cope with problems and conflicts in regard specifically to such areas as household management, consumer affairs, money management, family life education, alcoholism, drug addiction, mental retardation, emotional disturbance and school-related problems. Such counseling is also designed to help persons independently utilize community resources, including other social services; take advantage of natural support systems; and achieve an adequate level of functioning within the family.

II. TARGET POPULATION

A. Those persons, as described in the service definition above, who need assistance in order to fully and appropriately utilize Adjustment Services for the Blind and Visually Impaired.

B. Those persons who need assistance in coping with specific problems, such as household management, consumer affairs, family-life education, alcoholism, drug addiction, mental retardation, emotional disturbance and school-related problems.

III. GOALS

Individuals and Family Adjustment Services goals are as follows:

A. Personal Self-Sufficiency

- Aiding blind and visually impaired persons to attain or maintain a satisfactory personal and social adjustment, thus promoting their ability to cope with and resolve problems of daily living and strengthening their capacity for self-care.

B. Preventing or Reducing Inappropriate Institutional Care

- Aiding in achieving or maintaining the goals of personal self- sufficiency for visually impaired and blind persons so that institutional care and services are not necessary.
- Providing community-based alternatives for meeting the care and service needs of blind and visually impaired persons.

C. Preventing or Remedying Abuse, Neglect or Exploitation

- Helping consumers to understand the problems and conflicts that could occur due to a visual disability.
- Helping consumers to develop the positive motivation required to overcome the disadvantages of blindness and reduce the causes of abuse, neglect and exploitation or to accept help needed to overcome such causes.