## DHB ADMINISTRATIVE LETTER NO: 06-25, 2025 SPOUSAL IMPOVERISHMENT STANDARDS

**DATE:** June 3, 2025

**SUBJECT:** 2025 Spousal Impoverishment Standards

**DISTRIBUTION:** County Directors

**Medicaid Supervisors** 

Medicaid Staff

## I. BACKGROUND

The Minimum Monthly Maintenance Needs Allowance (MMMNA) and excess shelter allowance are adjusted annually in accordance with the changes in Supplemental Security Income (SSI) federal benefit rate and the Consumer Price Index (CPI). Section 1924 of the Social Security Act directs that these adjustments are effective July 1 each year.

## II. EFFECTIVE DATE OF CHANGE AND IMPLEMENTATION

- **A.** The Basic Spousal Allowance is \$2,644, effective July 1, 2025.
- **B.** The Excess Shelter Cost is \$794, effective July 1, 2025.
  - 1. For applications, use the new amounts to determine eligibility for all months beginning July 1, 2025.
  - 2. For existing cases, apply the new amounts with the first change in situation or review effective on or after July 1, 2025.

The NC FAST system will be updated with the new amounts effective July 1, 2025.

If you have questions regarding this information, contact your Medicaid Operational Support Team Representative.

—DocuSigned by: Jay Ludlam

Jav Ludlam

Deputy Secretary, NC Medicaid