

Important Notice

You are receiving this letter because you or someone in your household was identified as an Able-Bodied Adult Without Dependents (ABAWD) and may have received Food and Nutrition Services (FNS) benefits in January, February, or March 2019.

An ABAWD is someone between ages 18 and 49 that is not disabled and does not have a child under the age of 18 living in the home. Federal policy only allows an ABAWD to receive FNS benefits for 3 months in a 36-month period unless they are meeting mandated work requirements. On January 1, 2019, the 36-month time period for North Carolina restarted for all ABAWDs. This means that ABAWDs who used their 3 benefit months between January 1, 2016 and December 31, 2018, may be eligible as of January 1, 2019 to receive another 3 months of FNS benefits. However, in some cases ABAWDs were automatically added back in the FNS cases on January 1, 2019 without a county department of social services making the appropriate eligibility determination. As a result, receipt of benefits for January, February or March 2019 will not count towards the 3 month(s) you are eligible to receive, and you or someone in your household may be eligible to receive additional FNS benefits if you meet all other eligibility requirements.

To see if you are eligible for additional benefits or have any questions about this information, contact your county department of social services. We apologize for this confusion and want to make sure you receive all benefits you may be eligible to receive.